

Houston Fertility Institute...

It's About Life!

By Melanie Saxton



Although it may be a longer journey for some, conceiving and having children can be possible with the help of fertility experts.

Read ahead for insights into life-changing fertility treatments and information on the doctors who make it all possible.

Medical practices such as Houston Fertility Institute are turning dreams into realities for hundreds of hopeful parents-to-be.

A Natural Pull

The desire to have children is hard-wired into the hearts of men and women in all countries and cultures. From the little girl who grows up playing with dolls and imagining the day she will become a mommy to the young man who ponders the day when he'll be raising a son of his own, it is perfectly normal to pursue the lifelong dream of starting a family.

While many Katy couples are able to conceive effortlessly, others do not get immediate natural results. Eventually some must battle a roadblock to parenthood: Infertility. They face frustration, despair, heartbreak, and even blame themselves or each other for a situation that can't be solved without medical intervention.

Lynn and Scott Martin are a Katy couple who, joyously, are expecting their first child in the near future. "We tried to conceive off and on for 3 years," says Lynn, who started intrauterine insemination in October '09. "We switched to in-vitro fertilization and successfully conceived in April." Houston Fertility Institute (HFI) gets credit for making the journey into parenthood possible for us. "Our Ob-Gyn recommended that we contact Dr. Haddad for testing. After meeting him, visits to Houston Fertility Institute felt more like being part of a family than visiting a doctor's office. I was cared for by a gentle, patient staff who answered all my questions during my weekly ultrasounds and blood work. My body was going through so many changes, and they held my hand the whole way," Lynn said.

Possible Causes of Infertility

Why is conception and pregnancy so easy for some and so difficult for others? According to Dr. Haddad, Medical Director at HFI, 1/3 of infertility issues stem from women, 1/3 stem from men, and 1/3 is a mix of each. Every case differs, but infertility patients may have several struggles in common. Low sperm count in men or irregularities within a woman's uterus and fallopian tubes may be the culprit. Hidden injuries or hormonal imbalances in either gender can cause problems as can undetected birth defects. Stress, obesity, and even excessive exercise can cause infertility. The list goes on and on and includes requests to reverse vasectomies and tubal ligations. "Testicular aspirations are actually more successful than vasectomy reversals," says Dr. Haddad. "The same goes for tubal ligations. Usually in-vitro fertilization is much faster with a higher success rate than a reversal." Regardless of the reason for infertility, hope and answers are available.

A diagnosis may be relatively simple, or in some cases may take thorough examinations and medical procedures. For an easy-to-understand explanation of available treatments, visit a great source of information: www.houstonfertilityinstitute.com. For many couples, HFI takes the mystery out of the equation and provides education, support, and a path to their long-sought fertility.

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Trust the Experts

It takes a team to overcome infertility. Dr. Gus Haddad along with founder Dr. Jimmy Gill, Dr. Jason Griffith, Dr. Daniel B. Williams, Dr. Craig A. Witz, Dr. Wei-Hua Wang, PhD, along with several partnering psychologists provide the medical and psychological expertise necessary to achieve pregnancy. These renowned physicians are held in highest esteem by grateful couples in Katy, like the Martins, and hundreds of other patients in the surrounding area who are now experiencing the joy of being called 'mommy' and 'daddy'!



Patients can rest assured at Houston Fertility Institute because they offer one of the highest success rates in the city, affordably-priced IVF, 7 fully-staffed clinic locations and multiple financing options – all designed to reduce the stress level of their patients.

“For the past 20 years or so fertility research and treatment has evolved,” says Dr. Haddad. “I anticipate that in another decade we’ll look back and consider today’s treatments primitive. It really is a remarkable field of medicine and help is available to couples hoping to start a family.”

To find out what is necessary for successful conception, contact HFI at any of their offices where miracles happen every day!

For more information about Houston Fertility Institute, visit www.houstonfertilityinstitute.com or call 281-693-2HFI (2434).

Katy: 23920 Katy Fwy, Ste 340 | Katy

Houston Office & IVF Lab: 2500 Fondren, Ste 350 | Houston

Tomball Regional Hospital - IVF Lab: 605 Holderreith Blvd, 2nd Floor | Tomball

Clear Lake: 251 Medical Center Blvd, Ste 125 | Webster

Medical Center: 6400 Fannin, Ste 2000 | Houston

Sugar Land: 16545 Southwest Fwy, Ste 275 | Sugar Land

The Woodlands: 9200 Pinecroft, Ste 480 | The Woodlands

Willowbrook: 13215 Dotson, Ste 100 | Houston